



MILITARY RESOURCE CENTER

VA College Toolkit

Green Zone Training

Empowering faculty & staff to support student Veterans



Tips for Showing Support:

- Encourage communication and show flexibility to help the Veteran cope with the demands of multiple roles.
- Encourage their participation in campus groups and activities. (SVA)
- Your relationship with a Veteran may help him or her feel more connected to the campus, navigate this new system, or feel support from an authority figure.
- Consider providing some flexibility with assignments, tests, or attendance policies, based on a particular situation. (ex.- reserve training)

How will I know if a student needs mental health support?

Consider talking with student Veterans when you notice the following changes in behavior:

- Withdrawal and isolation from other students
- Extreme emotions or tearfulness
- Confusion or irrational thinking
- High anxiety, unhappiness, or disgust
- Outbursts of negative behavior
- Marked difference in appearance or poor hygiene
- Excessive sleepiness
- Written or oral mention of harming themselves or other



Tips for Making Your Syllabus Veteran Friendly

- **Include Veteran-friendly statement.**
- **Provide syllabus in advance with specific dates for assignments and tests.**
- **Provide information about disability office on syllabus.**



Tips for Making a Referral to Counseling

- **Learn as much as you can about the counseling center and support services for student Veterans.**
- **Keep a list of phone numbers available so you can give student Veterans specific contact information. By learning what is available at your counseling center, you can answer basic questions students may have and you can tell them about available programs.**

QUESTIONS

Military Resource Center & Veteran Services POC

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A photograph of a university campus during autumn. In the foreground, a paved walkway curves through a green lawn. Several students are walking along the path; one student in a yellow jacket and red hoodie is looking at a phone, while others are walking in various directions. To the left, a student is sitting on a bench, working on a laptop. The background is filled with trees whose leaves are turning bright yellow and orange. Black lampposts are spaced along the path. A large brick building with many windows is visible in the distance. Overlaid in the center of the image is the text "THANK YOU" in a large, bold, yellow, sans-serif font.

THANK YOU