### The Impact Social Media has on Young Adults Social Skills Daryl Thorpe & Jared Davis (Criminal Justice) Department of Behavioral Sciences & Human Services, Bowie State University

# HYPOTHESIS

Our hypothesis states: Using social media an excessive amount makes it more difficult for humans to perceive the emotion being expressed through the humans with whom they're talking. This makes it more difficult to reply appropriately. Using social media excessively impacts individuals' social competencies whilst having a face-toface conversation

## PARTICIPANTS (N=34

Gender 10 Males/24 Females
 Race \* 28 African Americans • • 3 Multiracial
• ✤ 1 Latino 1 Unanswered ✤ 1 Other Classification \*• 24 Seniors 8 Juniors \*• 2 Sophomores MEASURES Peer Competence Scale (Wills, Vaccaro, & McNamara, 1992 adapted from Harter; 10 items) – "I am really easy to like." Bergen Social Media Addiction Scale (Andreassen, Torsheim, Brunborg, & Pallesen, 2014)



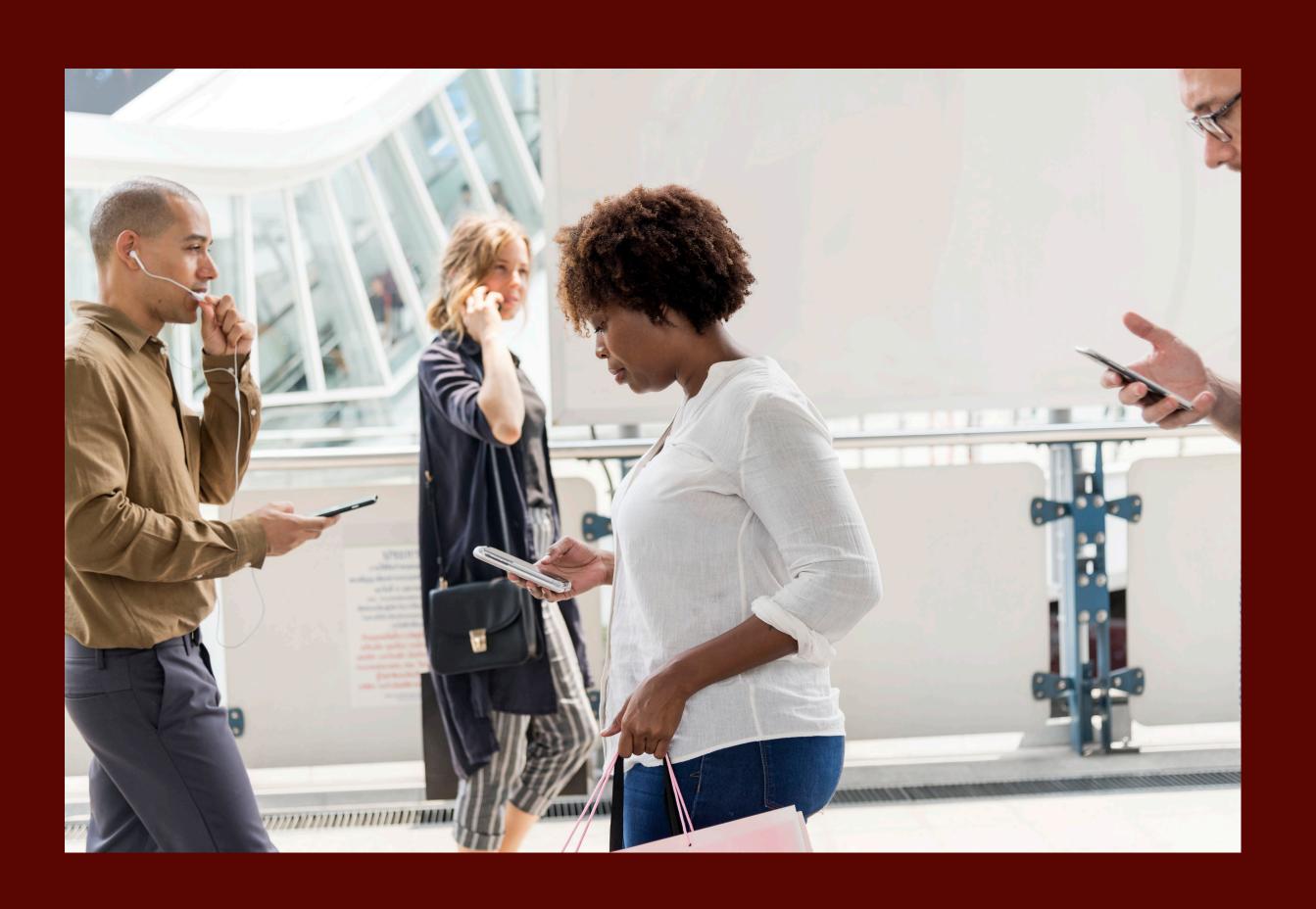


The results of this study suggest the following: Students who use social media more are less likely to report good social skills.

# RESUTS

Using social media excessively impacts individuals' social competencies whilst having a face-to-face conversation

\* r (33) = -.471, p = .006 Signifcant



### DISCUSSION



