

HIP HOP MUSIC AND CORRELATION TO MOOD

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HYPOTHESIS

Listening to hip hop music will have an impact on mood.



RESULTS

Listening to hip hop music will have an impact on mood.

- ❖ Listening to hip hop music more frequently was linked to less positive mood
 - ❖ $r(33) = -.461, p = .007$
- ❖ Listening to hip hop music more frequently was linked to more negative mood
 - ❖ $r(31) = .382, p = .034$



PARTICIPANTS

- ❖ 34 Students
 - 24 women/10 men
 - African American (N = 28) • Multiracial (N = 3) Latino (N=1); 1 participant indicated their race as other

MEASURES

- ❖ Positive Affect/Negative Affect Scale (Positive Items $\alpha = 0.69$; Negative Items $\alpha = 0.52$)
- ❖ Hip Hop Scale (created by researcher measuring frequency of listening to hip hop music) $\alpha = 0.90$

DISCUSSION

The results of this study suggest the following:

1. The results of this study show Hip-Hop decreased good mood and increased bad mood. Meaning listening to hip hop made them feel more of a bad mood.
2. Young Adults that listen to hip hop reported having a decrease in their good mood.

