#### **Stressed Out About Mid Term Exams?**



# Learn To De-Stress and Cope for Mid Terms and More!

#### Who:

Mr. Keith Hicks, Junior Class Counselor

### When:

Thursday March 17<sup>th</sup> 2016, 1:00 pm

## Where:

Counseling Services Office

Martin Luther King Jr. Communication Arts Center

3<sup>rd</sup> Floor Suite 303