If you answer YES to any one of these questions... Mediation can Help you!

**Work**
- Are you: At odds with your boss or a co-worker?
- Being harassed?
- Feeling discriminated against?
  - by co-workers?

**Student Organizations/Groups**
- Is someone in your group:
  - Not doing their share of the work?
  - Having difficulty working as a team?
- Creating friction in your organization

**Discrimination**
- Are you:
  - Feeling discriminated against?
  - Experiencing conflict

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**CAN MEDIATION HELP ME?**

**Roommate**
- Is your roommate:
  - Eating your food?
  - Creating friction with your friends?
  - Not speaking to you?
  - Disrespecting your space?

**Neighbors**
- Do your neighbors:
  - Play their music too loud?

**Relationship**
- Are you:
  - Having communication problems?
  - Being verbally or physically abused?
- Do you want to dissolve the problem and not the relationship?
WHAT IS MEDIATION?

Mediation is a problem-solving process facilitated by a neutral third party which promotes understanding and settlement in a safe and confidential environment.

HOW DO I REQUEST A MEDIATOR?

Contact us at:
Office of Student Affairs
Student Judicial Programs
301-860-3390
E-mail: dHolland@Bowiestate.edu

OFFICE LOCATION
Henry Administration Building
Room 0234

WHAT ARE THE BENEFITS OF MEDIATION?

- High Success Rate
- Free for All Currently Enrolled Students
- You Control the Outcome
- Confidentail
- Convenient & Saves Time
- Saves Your Reputation
- Expands Your Options
- Deals Directly With The Issue
- Helps Preserve Relationships
- Voluntary

WHAT DOES A MEDIATOR DO?

- facilitates communication in the mediation process
- helps the parties to understand each other’s views
- promotes venting or emotional expression in a safe environment
- deals with differences in perceptions and interests between parties
- shifts the focus from the past to the future
- encourages the parties to suggest creative settlements

If you answered YES to any one of these questions...