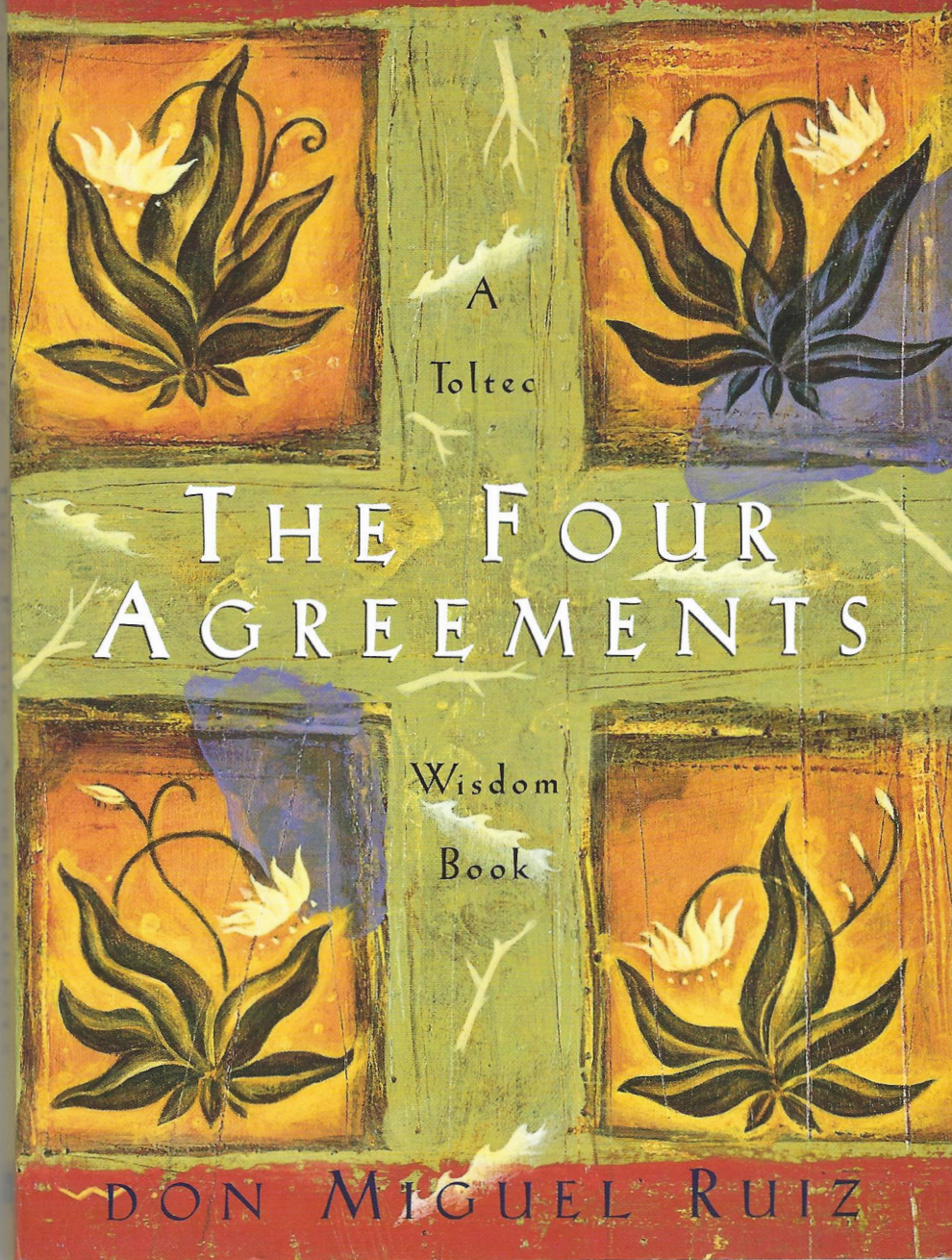


A Practical Guide to Personal Freedom



- 1) Be Impeccable with Your Word
- 2) Don't Take Anything Personally
- 3) Don't Make Assumptions
- 4) Always Do Your Best

*Maybe we cannot escape from the destiny of the human, but we have a choice to suffer our destiny or to enjoy our destiny. To suffer, or to love and be happy. To live in hell, or to live in heaven. My choice is to live in heaven. What is yours?--Don Miguel Ruiz*